

RUBHA MOR ASSISTED ACCESS FACILITIES:

There is **off-road parking** in the front yard, which has a **hard, gravelly surface**. This extends as a track around some of the **garden which is wheelchair accessible**. The garden has other paths with mixed terrain, but the only access to the beach is via rough steps or a steep and stony track. Rubha Mor has its own **front door** which can be accessed by either a **ramp (with hand rail)** starting in front of the garage or by four steps in front of Rubha Mor. There is a **level lintel at the front door and a 9cm (3") lintel at the back kitchen door** which leads to a level **patio area**, which has three steps down to the garden.

All doors are 79cm (31") wide and the floors are level throughout the flat.

The **hall has a minimum width of 93cm (36")** except in the map corner which is 87cm ((34") wide. In the bedroom the **beds are 62cm (24")** high and can be arranged as a large **double or twin**.

There is also a **sofa-bed** in the open plan sitting room/ kitchen, and a **Z-bed and cot** available for guests.

The bathroom is spacious with a corner toilet. The **bath has two handles and an over-the-bath, mains pressure shower**. All **taps have a lever action** to turn them on or off.

The **kitchen** has no special modification for wheelchair users. The **counter height is 92cm (36")** and the sink tap is 51 cm (20") from the front. There is a **central table** for use as a work surface with a **clearance space of 65cm (25") height and 58cm (22") width**.

There is a circular **dining table** with central support which is **73cm (29")** high.

The sitting area has two sofas which can be re-arranged as required.

It is possible to **loan equipment** from our District Nurses if it is available at the time of your visit, (**essential to book in advance**). This includes an **electric powered bath seat; an elevated chair support for the corner toilet; an electric bed or pressure control mattress**.

Some limited community "Home Care" support may be possible for personal care (washing, eating etc.) but this can only be booked in advance and if staff can be available at the time of your visit.

Local Facilities With Wheel Chair Access:

Level Access:

Health Centre - Doctors/Dentist/Physiotherapy/Chiropody - electric door access)

Swimming Pool – (with hoist access when booked in advance)

Leisure Centre

Museum (ground floor only)

Macphail Theatre

Library (internet available)

Village Hall

Ferry Terminal

Other Level access available at:

Tesco Supermarket (electric door access)

The Tea Store

Jade House Chinese Takeaway (ramp)

The Frigate Café

The Seaforth Pub - bar meals downstairs & Chippy

The Captains Cabin (downstairs only)

Ullapool Book Shop (internet available)

Edinburgh Woollen Mill

Very Small steps to access:

Morefield Mariners Restaurant

The Ceilidh Place & Book Shop

Lift access

"Made in Ullapool" by the pier

(A Social Enterprise Candle Shop)

Ramp access:

Boots the Chemist (on request)

Screen Machine Mobile Cinema

Mace Corner Shop